

WISDOM OF THE AGES THE 4 KEY STEPS ON YOUR JOURNEY by Elizabeth Ellames

SOLUTION

ANSWERS

PROCESS

BENEFITS

IDENTIFY

This is the first step
where you identify why
you want to create a shift in
your mindset and acheive a
new level of mastery.

It involves defining your inner archetypes, objectives, where you are at present, what needs to change and where the gaps are.

CLARIFY

In this phase of your journey you create a detailed list of what you need. Clarifying each of the key elements aligned with with your archetypes and past life recall.

You will need to be clear on your Inner archetype, shadow attribute, flawed character and higher purpose avatar for this realm.

SPECIFY

This is the phase where you put your detailed list into action. Recognising the specific opening scene, and pain point and writing them into your extended Past Life narrative.

Also extending your story after that pain point and onto your happy ending.

UNIFY

The final phase involves completing the process and delivering your story. It also involves expressing the outcomes or benifits of unifying particular key elements.

These key elements are:
Why your Potential Gift; your
Mastery, your Higher Purpose
Avatar and owning your
Personal Mythos (story) - are
so valuable to you, your
purpose and your world
around you.